

Workplace Massage

A special treat for hard-working people!

Enjoy a Workplace Massage and return to work refreshed, relaxed, and rejuvenated!

<u>Details:</u>

The *Workplace Massage* is typically a 15-minute massage, either at your desk or at a table, which is perfect for working out tension in your neck and shoulders. Conditions such as *carpal tunnel syndrome, tennis elbow, TMJ dysfunction*, and *headaches* from tense neck muscles can all be significantly improved with just 15 minutes of massage on a regular basis. Licensed Massage Therapist, Howard Northrup, uses techniques that have helped thousands of clients in Brevard County feel better since 2002.

The cost for a *Workplace Massage* is \$15, payable in cash or personal check. Or you can choose to have a 30-minute double session massage for \$30, which allows Howard more time to work multiple areas, such as your low back, arms, and/or hands.

Workplace Massage Licensed Massage Therapist:



Howard Northrup, LMT Phone: (321) 258-1201 Email <u>hnorthrup@yahoo.com</u>